

ANNE BONNEY

Anne Bonney, CSP® is a fun, energetic international keynote speaker and courage ignitor. She is an authority on Change Management, two-time author, host and creator of Dancing in the Discomfort Zone Podcast and an experienced virtual and in-person presenter. After 20 years in highly successful corporate and non-profit leadership positions, Anne, now uses her experience, education, and expertise to ignite YOUR courage to build resilience in change, take on difficult communication and thrive with emotional intelligence.

Anne will bring her contagious, positive energy to the “Health, Wealth & Happiness” Women’s Summit as emcee for the day. She’ll also close out the day with a fun interactive activity that will leave attendees energized and inspired to embark on their journeys to being happier, healthier and wealthier women!

[Website](#) [Instagram](#) [Books](#) [Podcast](#) Email: anne@annebonney.com



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