

KAREN FALKLER

Karen Falkler, Founder and CEO of Falkler Wellness & Advisory, is an entrepreneur with a big mission: to create massive systemic wellness change that starts one leader and one room at a time.

Less than two years after starting her business, she was internationally recognized for her work by the International Association of Sciences and Collaboration in Rome, Italy and invited to speak at the Pontifical Academy of Sciences in Vatican City on wellness and leadership.

With her background in corporate leadership development and physical therapy, she partners with businesses and leaders to have real conversations about the influence of wellness and human behavior on organizational and individual spending and success.

She is the author of “The Relationship Coach”, a book about the influence of relationships on our work and life.

In addition to running her small business, she is a mama, weightlifter and adjunct professor for the graduate program at UMBC, where she teaches Management, Leadership and Communication.

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